



# CYPRESS COLLEGE CURRICULUM COMMITTEE

Tuesday, December 5, 2023

**Cypress College Complex (CCCPLX) 406**

## AGENDA

Your attendance is critical in helping to meet the curriculum needs of Cypress College. Remember, if you are unable to attend please find an alternate representative.

**Call to Order:**

**Joyce Peacock, Chair**

1. Establish Quorum and Acknowledge Alternates
2. Adoption of the Agenda
3. Approval of November 7, 2023 *minutes*: (attached)
4. Public Commentary (3 minutes per speaker)
5. Curriculum Specialist Report: Marbelly Jairam
6. Articulation Officer Report: Jacky Rangel
7. Division Reports: All division reps
8. CPL Coordinator Report: Jolena Grande
9. Administration Report
10. Compressed Schedule discussion with Kathleen McAlister
11. Chair Report
12. Approval of curriculum
13. Other-any additional concerns committee members might want to bring up for items that do not require vote

**Info item:**

**Yoga Therapy Certificate (300-HR)**-Updated program with PHS 294 C, previously approved by committee on 10/31/ 2023, effective Fall 2024.

**Physics Associate in Science Degree for UC Transfer**-Updated program to remove general education requirements list. Catalog description and total units updated from 55-59 to 39, previously board approved 11/8/2022 effective Spring 2024.

**Chemistry Associate in Science Degree for UC Transfer**- Updated program to remove general education requirements list. Catalog description and total units updated from 65-57 to 49, previously board approved 11/8/2022 effective Spring 2024.

DEACTIVATE COURSES		
COURSE ID	EFF DATE	JUSTIFICATION
PHS 270 C Nutrition Science and Application	2024 Fall	Because PHS 107 will be in effect Fall 24, we are deactivating PHS 270 and PHS 286 effective same term.
PHS 270HC Honors Nutrition Science and Application	2024 Fall	Because PHS 107 will be in effect Fall 24, we are deactivating PHS 270 and PHS 286 effective same term.

NEW COURSES					
COURSE ID	ACTION TAKEN	CLASS SIZE	CLASS SIZE JUSTIFICATION	EFF DATE	JUSTIFICATION

CTRP N057C Machine Shorthand Challenge- Beginning (Non- Credit) Units: 0 Lecture: 0 Laboratory: 5-90	*New Non-Credit Course *Distance Education: Partially *Repeatability: Unlimited *Open Entry/Open Exit *Grading Option: Pass/No Pass *Prerequisite: None	30	Class time focuses on individualized instruction, student dictation presentation time, and/or group learning through readback and live voice dictation.	2024 Fall	CTRP N057 C will add a non-credit component to shadow CTRP 57 C credit class.
CTRP N058C Machine shorthand Challenge- Intermediate (Non-Credit) Units: 0 Lecture: 0 Laboratory: 5-90	*New Non-Credit Course *Distance Education: Partially *Repeatability: Unlimited *Open Entry/Open Exit *Grading Option: Pass/No Pass *Prerequisite: None	30	Class time focuses on individualized instruction, student presentation time, and/or group learning. Requires three or more writing assignments using advanced analytical and critical thinking skills. Writing assignments are assessed for critical thinking, conceptual understanding, structure, style and mechanics.	2024 Fall	This course is being offered to fulfill the CSR requirements of machine shorthand hours as a non-credit class.
CTRP N060C Machine Shorthand Challenge- Professional (Non-Credit) Units: 0 Lecture: 0 Laboratory: 5-90	*New Non-Credit Course *Distance Education: Partially *Repeatability: Unlimited *Open Entry/Open Exit *Grading Option: Pass/No Pass *Prerequisite: None	30	Class time focuses on individualized instruction, student presentation time, and/or group learning. Requires three or more writing assignments using advanced analytical and critical thinking skills. Writing assignments are assessed for critical thinking, conceptual understanding, structure, style and mechanics.	2024 Fall	This class will give the students working on the RPR level of excellency an opportunity to work on higher speed dictation.

REVISED COURSES					
COURSE ID	ACTION TAKEN	CLASS SIZE	CLASS SIZE JUSTIFICATION	EFF DATE	JUSTIFICATION
ACCT 295 C Accounting Internship Units: .5-3 Lecture: .5-3 Laboratory: 0	*Outline Update *Units from 1-3 to .50-3 *Grading Option Update *Advisory revalidated *Student contact hours from 18 to 54 *Outside of class hours from 36-108 to 27 to 162 *Total student learning hours from 54-162 to 45-216 *Catalog/Schedule Description Update *Textbook Update	25	The instructor coordinates internship/field practice opportunities and supervises students individually at different locations.	2024 Fall	Outline, units, grading option, advisory revalidated, student contact hours, outside of class hours, total student learning hours, catalog/schedule description, and textbook updated to better reflect course content.

CIS 295 C CIS Internship Units: 1-4 Lecture: 1-4 Laboratory: 0	*Outline Update *Remove Distance Education: Fully Online *Student contact hours from 72-234 to 18-72 *Outside of class hours from 36-36 to 54-216 *Total student learning hours from 108-270 to 72-288 *Lecture hours from 1 to 1-4 *Lab hours from 3-12 to 0 *Catalog/Schedule Description Update *Textbook Update	25	Internship/Field Practice Classes in which the instructor coordinates internship/field practice opportunities and supervises students individually at different locations.	2024 Fall	Outline, distance education, student contact hours, outside of class hours, total student learning hours, lecture hours, lab hours, catalog/schedule description, and textbook updated to better reflect course content.
CIS 299 C CIS Independent Study Units: .5-2 Lecture: .5-2 Laboratory: 0	*Outline Update *Catalog/Schedule Description Update *Student Learning Outcomes	35	While the instructor does lecture, much of the class time focuses on discussion, group learning, and or formal/informal student presentations	2024 Fall	Outline, catalog/schedule description, and SLOs updated to better reflect course content.
CTRP 099 C Court Reporting: Independent Study Units: 2 Lecture: 2 Laboratory: 0	*Outline Update *Units update from .50 – 2 to 2. *Add Distance Education: Partially Online *Lecture hours from .50-2 to 2. *Student contact hours from 0 to 6 *Outside of class hours from 0 to 72 *Total student learning hours from 0 to 108. *Remove FSA: A35 (Business) *Catalog Description Update	20	Most of the time the students are engaged in practicing the skill(s) and/or topics they are learning, and the instructor gives each student individual instruction as the class proceeds. This is a standard size for an independent study class.	2024 Fall	Outline, units, distance education, lecture hours, student contact hours, outside of class hours, total student learning hours, removal of fsa, and catalog description updated to better reflect course content.
DA 016 C Dental Materials Units: 3 Lecture: 2 Laboratory: 3	*Outline Update *Add Distance Education: Partially Online *Prerequisite revalidated *Student Learning Outcomes Update *Textbook Update	24	Safety, Health, State/Accrediting Regulations, and Vocational Advisory Committees supersede the following descriptions: Labs in which the instructor provides extensive individualized feedback/evaluation on a regular basis. (e.g.	2024 Fall	Outline, adding partially online, SLOs, prerequisite revalidated, and textbooks updated to better reflect course content.

			problem sets, scientific experiments, vocational skills, lab reports)		
DA 061 C Oral Anatomy/Dental Assisting Units: 3 Lecture: 3 Laboratory: 0	*Outline Update *Add Distance Education: Partially and Fully Online *Prerequisite revalidated *Textbook Update	24	Statement: Safety, Health, State/Accrediting Regulations, and Vocational Advisory Committees supersede noted statements in Class Size Document. Labs in which the instructor provides extensive individualized feedback/evaluation on a regular basis. (e.g. problem sets, scientific experiments, vocational skills, lab reports)	2024 Fall	Outline, adding distance education, prerequisite revalidated, and textbooks updated to better reflect course content.
DA 065 C Radiology/Dental Assisting Units: 3 Lecture: 2 Laboratory: 3	*Outline Update *Add Distance Education: Partially Online *Prerequisite revalidated *Textbook Update	24	Statement: Safety, Health, State/Accrediting Regulations, and Vocational Advisory Committees supersede noted statements in Class Size Document. Labs in which the instructor provides extensive individualized feedback/evaluation on a regular basis. (e.g. problem sets, scientific experiments, vocational skills, lab reports)	2024 Fall	Outline, adding distance education, prerequisite revalidated, and textbooks updated to better reflect course content.
DA 066 C Radiology II/Dental Assisting Units: 1 Lecture: 0 Laboratory: 3	*Outline Update *Prerequisite revalidated *Student Learning Outcomes Update *Textbook Update	24	Statement: Safety, Health, State/Accrediting Regulations, and Vocational Advisory Committees supersede noted statements in class size document. Labs in which the instructor provides extensive individualized feedback/evaluation on a regular basis. (e.g. problem sets, scientific experiments, vocational skills, lab reports)	2024 Fall	Outline, prerequisite revalidated, SLOs, and textbooks updated to better reflect course content.
FREN 203 C Intermediate French III Units: 4 Lecture: 4 Laboratory: 0	*Outline Update *Class size from 35 to 30 *Prerequisites revalidated *Catalog/Schedule Description Update	30	Change the class size to 30. Class time focuses on individualized instruction, student presentation time, and/or group learning. Students complete 2 mini-	2024 Fall	Outline, class size, prerequisites revalidated, catalog/schedule description, SLOs, and textbook updated to better reflect course content. I am updating the course description as well as revising course SLOs to

	*Student Learning Outcomes Update *Textbook Update		presentations on a French reading and a final presentation on a socio-historical topic. This course also requires three formal writing assignments using analytical and critical thinking skills. These compositions involve reflections and analyses of socio-cultural and historical topics. They are assessed for conceptual understanding of grammatical structures, style, and mechanics at the intermediate level in French. The grading rubrics for the writing assignments assess both conceptual knowledge and treatment of the assigned subject matter.		include an assessment of students' socio-cultural competence in the target language. This competence is measured by more than a deep understanding of the French culture and language. It also involves an awareness of how we use French to navigate different social situations, to create our identity, and to engage with other French speakers in a culturally responsive way that acknowledges and appreciates linguistic and cultural. The course content for FREN 203 already includes multiple readings and exploration of French and Francophone culture in a variety of areas and disciplines such as art, cinema, media, sports, and technology. Additionally, chapter exams and the final exam include an assessment of a student's understanding of short readings on these topics as well as an analysis. By revising the course descriptions, assignments, methods of instruction and evaluation, and SLOs, they will reflect the content of this course as well as the full range of skills that students acquire at our intermediate level French course. They will also more accurately demonstrate the culturally responsive curriculum of our department's French program and courses.
FREN 204 C Intermediate French IV Units: 4 Lecture: 4 Laboratory: 0	*Outline Update *Class size from 35 to 30 *Prerequisites revalidated *Catalog/Schedule Description Update *Student Learning Outcomes Update *Textbook Update	30	Change the class size to 30. Class time focuses on individualized instruction, student presentation time, and/or group learning. Students complete 2 mini-presentations on a French reading and a final presentation on a cultural or socio-historical topic. This course also requires three formal writing assignments using analytical and critical thinking skills. These compositions involve further analyses of socio-cultural and historical topics relevant to the modern French-speaking world. They are assessed for conceptual understanding of	2024 Fall	Outline, class size, prerequisites revalidated, catalog/schedule description, SLOs, and textbook updated to better reflect course content. I am updating the course description as well as revising course SLOs to include an assessment of students' socio-cultural competence in the target language. This competence is measured by more than a deep understanding of the French culture and language. It also involves an awareness of how we use French to navigate different social situations, to create our identity, and to engage with other French speakers in a culturally responsive way that acknowledges and appreciates linguistic and cultural diversity. Like FREN 203, FREN 204 already includes multiple readings and exploration of French and Francophone culture in a variety of areas and disciplines such as art, cinema, media, social media, sports,

			grammatical structures, style, and mechanics at the upper-intermediate level in French. The grading rubrics for the writing assignments assess both conceptual knowledge and treatment of the assigned subject matter.		and technology. Additionally, chapter exams and the final exam include an assessment of a student's understanding of short readings on these topics as well as an analysis of their thematic content and relevance. By revising the course descriptions, course content, assignments, methods of instruction and evaluation, and SLOs, these revisions will more accurately reflect the content of this course as well as the full range of skills that students acquire at our upper-intermediate level French course. They will also more accurately demonstrate the culturally responsive curriculum of our department's French program and courses.
KIN 299 C Kinesiology - Independent Study Units: .5-2 Lecture: .5-2 Laboratory: 0	*Outline Update *Student contact hours from 27-108 to 9-36 *Total student learning hours from 45-180 to 27-108 *Lab hours from 1-4 to 0 *Catalog/Schedule Description Update	25	Most of the time students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instructions as the class proceeds.	2024 Fall	Outline, student contact hours, total student learning hours, lab hours, and catalog/schedule description updated to better reflect course content. 6-year review cycle revision
MUS 124 C Recording Studio I Units: 3 Lecture: 2 Laboratory: 3	*Outline Update *Class size update from 20 to 25 *Advisory revalidated *Textbook Update	25	Most of the time the students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instruction as the class proceeds.	2024 Fall	Outline, class size, advisory revalidated, and textbooks updated to better reflect course content.
MUS 175 C Swing Band Units: 1 Lecture: 0 Laboratory: 4	*Outline Update *Prerequisite revalidated	20	The class size is a part of the Fullerton/Cypress agreement Individualized Instruction Most of the time the students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instruction as the class proceeds.	2024 Fall	Outline and prerequisites revalidated to better reflect course content.
MUS 276 C Jazz Band Units: 1 Lecture: 0 Laboratory: 4	*Outline Update *Prerequisite revalidated	20	Vetted with Fullerton college Music Department Course now has been converted from lecture to lab hours. The Three Types of Courses that a District Policy may Designate as Repeatable: 1) Courses for which	2024 Fall	Outline and prerequisite revalidated to better reflect course content.

		<p>repetition is necessary to meet the major requirements of CSU or UC for completion of a bachelor's degree (§ 55041(a)(1)): Certain CSU or UC campuses may require students to repeat a specified course as part of the requirements for a specific major. Students who do not repeat these courses are not permitted to receive a bachelor's degree in that major. For example, CSU Sacramento requires the following: "All [Bachelor's of Music] music majors, regardless of their unit load, shall be enrolled each semester in Applied Music for 2 units (until they have reached the maximum of 16 units), and in a Large Performance Ensemble until the Senior Recital is completed." A district can thus designate its corollary Applied Music course and its corollary Large Performance Ensemble course as repeatable until the student meets the lower division component of these major requirements. Once the district has properly designated a course as repeatable, then any student eligible to enroll in that course can enroll in that course multiple times. While the particular course may require the student to meet other eligibility requirements, such as an applicable prerequisite or corequisite, the student does not have to intend to transfer to UC or CSU to enroll in a course that</p>	
--	--	--	--

			has been properly designated as repeatable. Put another way, once properly designated as repeatable because repetition is necessary to meet the major requirements of CSU or UC for completion of a bachelor's degree, then all students, i.e., those that do or do not intend to enroll in CSU or UC, may enroll multiple times in the course.		
MUSA 120 C Beginning Guitar Units: 1 Lecture: 1 Laboratory: 1	*Outline Update *Class size from 20 to 25 *Student Learning Outcomes *Textbook Update	25	Most of the time the students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instruction as the class proceeds.	2024 Fall	Outline, class size, SLOs, and textbook updated to better reflect course content.
MUSA 121 C Intermediate Guitar Units: 1 Lecture: 1 Laboratory: 1	*Outline Update *Class size from 18 to 25 *Prerequisite revalidated *Removed Audition from requisites. *Student Learning Outcomes Update *Textbook Update	25	Labs in which the instructor provides extensive individualized feedback/evaluation on a regular basis. (e.g. problem sets, scientific experiments, vocational skills, lab reports)	2024 Fall	Outline, class size, prerequisite revalidated, removed audition from prerequisites, SLOs, and textbook updated to better reflect course content.
PHOT 299 C Independent Study Units: 1-2 Lecture: 3-6 Laboratory: 0	*Outline Update *Units from 0.5-2 to 1-2 *Add class fee \$35 *Prerequisites revalidated *Student contact hours from 9-36 to 18-36 *Outside of class hours from 18-72 to 36-72 *Total student learning hours from 27-108 to 54-108 *Catalog/Schedule Description Update	25	Most of the time students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instructions as the class proceeds.	2024 Fall	Outline, units, class fee, prerequisites revalidated, student contact hours, outside of class hours, total student learning hours, and catalog/schedule description updated to better reflect course content.
PHS 285 C Global and Community Health Units: 3 Lecture: 3 Laboratory: 0	*Outline Update *Student Learning Outcomes Update *Textbook Update	35	While the instructor does lecture, much of the class time focuses on discussion, group learning, and/or formal/informal student presentations. Evaluation primarily through	2024 Fall	Outline, SLOs, and textbook updated to better reflect course content. Revision to align with C-ID descriptor PH 109



			objective exams. Writing assignments are assessed mostly for concepts and structure.		
THEA 299 C Theatre Arts- Independent Study Units: .5-2 Lecture: .5-2 Laboratory: 0	*Outline Update *Title update from Theater Arts - Independent Study to Theatre Arts - Independent Study *Removed FSA: A65 (Dance) *Catalog/Schedule Description Update	25	Most of the time the students are engaged in practicing the skill(s) they are learning and the instructor gives each student individual instruction as the class proceeds.	2024 Fall	Outline, title, fsa, and catalog/schedule description updated to better reflect course content.

<b>MODIFY DEGREES/CERTIFICATES</b>			
<b>DEGREE</b>		<b>EFF DATE</b>	<b>JUSTIFICATION</b>
Earth Sciences	<p><b>Environmental Science Associate in Science Degree for Transfer (AS-T)</b></p> <p>This curriculum is designed to provide an opportunity for the Environmental Science major to achieve an Associate in Science Degree in Environmental Science for Transfer (AS-T in Environmental Science) which completes the first and second year requirements for transfer to a four-year public California institution. Students with a degree in Environmental Science may pursue careers in education, consulting, research or work in fields such as environmental geology, environmental engineering, zoology, hydrology, conservation science, or environmental law. While at least a baccalaureate degree is recommended preparation for those considering professional careers, completion of this curriculum will demonstrate commitment to the field and provide comprehensive preparation for further academic study through upper-division course work. This curriculum specifically prepares the prospective transfer student for upper division coursework in Environmental Science or a similar major at a California State University (CSU) campus. Students should consult a counselor, the Transfer Center and the catalog of the transfer college or university to plan a specific program of study to meet the college or university's requirements. Note: Courses that fulfill major requirements for an Associate Degree for Transfer at Cypress College might not be the same as those required for completing the major at all transfer institutions offering a Baccalaureate Degree. The Student Transfer Achievement Reform Act (Senate Bill 1440, now codified in California Education Code sections 66746-66749) guarantees admission to a California State University (CSU) campus for any community college student who completes an "associate degree for transfer", a newly established variation of the associate degrees traditionally offered at a California community college. The AS-T is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing these degrees (AS-T) are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept the AS-T will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is designated "high-unit" major). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements. To earn an AS-T in Environmental Science students must complete the following requirements: (1) a minimum of 41 semester units or 60</p>	2024 Fall	*Catalog Description Update *PSLOs Update *Remove: BIOL 174 C *Add: BIOL 135AC Total units from 40 to 41.

	<p>quarter units in the Environmental Science major with a grade of C or better; AP(Pass) grade is an acceptable grade for a course in the major only if the P is defined to be equivalent to a C or better (2) the Intersegmental General Education Transfer Curriculum (CSU IGETC) for STEM; (3) any electives need to reach 60 semester or 90 quarter units of CSU transferable coursework; and (4) have an overall GPA of 2.0. This degree requires a total of 41 units.</p> <p><b>Required Core: (15) units</b></p> <table border="1"> <thead> <tr> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>BIOL135AC</td> <td>Principles of Biology 1: Cell and Molecular Biology</td> <td>5</td> </tr> <tr> <td>CHEM111AC</td> <td>General Chemistry I</td> <td>5</td> </tr> <tr> <td>CHEM111BC</td> <td>General Chemistry II</td> <td>5</td> </tr> </tbody> </table> <p><b>List A: (15) units</b></p> <table border="1"> <thead> <tr> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>GEOL190 C</td> <td>Environmental Geology</td> <td>3</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>BIOL103 C</td> <td>Environmental Science</td> <td>3</td> </tr> <tr> <td>GEOL100 C</td> <td>Physical Geology</td> <td>3</td> </tr> <tr> <td></td> <td>and</td> <td></td> </tr> <tr> <td>GEOL101 C</td> <td>Physical Geology Laboratory</td> <td>1</td> </tr> <tr> <td>MATH120 C</td> <td>Introduction to Probability and Statistics</td> <td>4</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>SOC161 C</td> <td>Probability and Statistics-Social Sciences</td> <td>4</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>SOC161HC</td> <td>Honors Probability and Statistics-Social Sciences</td> <td>4</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>PSY161 C</td> <td>Probability and Statistics-Social Sciences</td> <td>4</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>PSY161HC</td> <td>Honors Probability and Statistics-Social Sciences</td> <td>4</td> </tr> <tr> <td>MATH150AC</td> <td>Calculus I</td> <td>4</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>MATH130 C</td> <td>Survey of Calculus</td> <td>4</td> </tr> </tbody> </table> <p><b>List B: (11) units</b></p> <table border="1"> <thead> <tr> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>PHYS221 C</td> <td>General Physics I</td> <td>4</td> </tr> <tr> <td>PHYS222 C</td> <td>General Physics II</td> <td>4</td> </tr> <tr> <td>ECON105 C</td> <td>Principles of Economics-Micro</td> <td>3</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>ECON105HC</td> <td>Honors Principles of Economics-Micro</td> <td>3</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Total Units</td> <td></td> <td>41</td> </tr> </tbody> </table>		Units	BIOL135AC	Principles of Biology 1: Cell and Molecular Biology	5	CHEM111AC	General Chemistry I	5	CHEM111BC	General Chemistry II	5		Units	GEOL190 C	Environmental Geology	3		or		BIOL103 C	Environmental Science	3	GEOL100 C	Physical Geology	3		and		GEOL101 C	Physical Geology Laboratory	1	MATH120 C	Introduction to Probability and Statistics	4		or		SOC161 C	Probability and Statistics-Social Sciences	4		or		SOC161HC	Honors Probability and Statistics-Social Sciences	4		or		PSY161 C	Probability and Statistics-Social Sciences	4		or		PSY161HC	Honors Probability and Statistics-Social Sciences	4	MATH150AC	Calculus I	4		or		MATH130 C	Survey of Calculus	4		Units	PHYS221 C	General Physics I	4	PHYS222 C	General Physics II	4	ECON105 C	Principles of Economics-Micro	3		or		ECON105HC	Honors Principles of Economics-Micro	3				Total Units		41		
	Units																																																																																												
BIOL135AC	Principles of Biology 1: Cell and Molecular Biology	5																																																																																											
CHEM111AC	General Chemistry I	5																																																																																											
CHEM111BC	General Chemistry II	5																																																																																											
	Units																																																																																												
GEOL190 C	Environmental Geology	3																																																																																											
	or																																																																																												
BIOL103 C	Environmental Science	3																																																																																											
GEOL100 C	Physical Geology	3																																																																																											
	and																																																																																												
GEOL101 C	Physical Geology Laboratory	1																																																																																											
MATH120 C	Introduction to Probability and Statistics	4																																																																																											
	or																																																																																												
SOC161 C	Probability and Statistics-Social Sciences	4																																																																																											
	or																																																																																												
SOC161HC	Honors Probability and Statistics-Social Sciences	4																																																																																											
	or																																																																																												
PSY161 C	Probability and Statistics-Social Sciences	4																																																																																											
	or																																																																																												
PSY161HC	Honors Probability and Statistics-Social Sciences	4																																																																																											
MATH150AC	Calculus I	4																																																																																											
	or																																																																																												
MATH130 C	Survey of Calculus	4																																																																																											
	Units																																																																																												
PHYS221 C	General Physics I	4																																																																																											
PHYS222 C	General Physics II	4																																																																																											
ECON105 C	Principles of Economics-Micro	3																																																																																											
	or																																																																																												
ECON105HC	Honors Principles of Economics-Micro	3																																																																																											
Total Units		41																																																																																											
Kinesiology	<p><b>Aquatics Specialist Certificate</b></p> <p>Primary emphasis is to prepare the student for occupational competency in swimming instruction as recommended by the state of California and the American Red Cross. Course work in KIN 235 C, KIN 255 C, and KIN 256 C may use credit for prior learning approval based on current Red Cross certification in First Aid and CPR, Life Guarding and Water Safety Instruction at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work</p>	2024 Fall	*Removed: PHS 270C, PHS 270HC *Add: PHS 107 C Total units remain the same.																																																																																										

	<p>must be completed at Cypress College. This certificate requires a total of 16-17 units.</p> <p><b>Required courses: (5 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>KIN112 C</td> <td>Swimming - Intermediate-Advanced</td> <td>1</td> </tr> <tr> <td>KIN235 C</td> <td>First Aid, CPR and Emergencies</td> <td>3</td> </tr> <tr> <td>KIN255 C</td> <td>Lifeguarding</td> <td>1</td> </tr> <tr> <td colspan="3"></td> </tr> </tbody> </table> <p>(see counselor if kinesiology major)</p> <p><b>Elective courses: (11-12 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>KIN110 C</td> <td>Surfing</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN114 C</td> <td>Springboard Diving</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN115 C</td> <td>Springboard Diving-Intermediate-Advanced</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN116 C</td> <td>Swim for Fitness</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN117 C</td> <td>Water Aerobics</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN118 C</td> <td>Aqua Zumba</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN119 C</td> <td>Aqua Bootcamp</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN192 C</td> <td>Water Polo</td> <td>0.5 - 1</td> </tr> <tr> <td>KIN236 C</td> <td>Athletic Injuries-Prevention and Care</td> <td>3</td> </tr> <tr> <td>KIN247 C</td> <td>Sports Management</td> <td>3</td> </tr> <tr> <td>KIN248 C</td> <td>Psychology of Sport</td> <td>3</td> </tr> <tr> <td>KIN256 C</td> <td>Water Safety Instruction</td> <td>2</td> </tr> <tr> <td>KIN272 C</td> <td>Strength and Conditioning</td> <td>3</td> </tr> <tr> <td>KIN274 C</td> <td>Exercise Testing and Prescription</td> <td>3</td> </tr> <tr> <td>KIN295 C</td> <td>Kinesiology- Internship Seminar</td> <td>3</td> </tr> <tr> <td>PHS107 C</td> <td>Nutrition and World Food Issues</td> <td>3</td> </tr> <tr> <td>REC100 C</td> <td>Foundations of Recreation and Leisure Services</td> <td>3</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>REC101 C</td> <td>Principles of Community Recreation</td> <td>3</td> </tr> <tr> <td>REC102 C</td> <td>Recreation - Sport Leadership and Diverse Groups</td> <td>3</td> </tr> <tr> <td>REC106 C</td> <td>Outdoor Recreation and Camp Counseling</td> <td>3</td> </tr> <tr> <td colspan="2">Total Units</td> <td>16 - 17</td> </tr> </tbody> </table>			Units	KIN112 C	Swimming - Intermediate-Advanced	1	KIN235 C	First Aid, CPR and Emergencies	3	KIN255 C	Lifeguarding	1						Units	KIN110 C	Surfing	0.5 - 1	KIN114 C	Springboard Diving	0.5 - 1	KIN115 C	Springboard Diving-Intermediate-Advanced	0.5 - 1	KIN116 C	Swim for Fitness	0.5 - 1	KIN117 C	Water Aerobics	0.5 - 1	KIN118 C	Aqua Zumba	0.5 - 1	KIN119 C	Aqua Bootcamp	0.5 - 1	KIN192 C	Water Polo	0.5 - 1	KIN236 C	Athletic Injuries-Prevention and Care	3	KIN247 C	Sports Management	3	KIN248 C	Psychology of Sport	3	KIN256 C	Water Safety Instruction	2	KIN272 C	Strength and Conditioning	3	KIN274 C	Exercise Testing and Prescription	3	KIN295 C	Kinesiology- Internship Seminar	3	PHS107 C	Nutrition and World Food Issues	3	REC100 C	Foundations of Recreation and Leisure Services	3		or		REC101 C	Principles of Community Recreation	3	REC102 C	Recreation - Sport Leadership and Diverse Groups	3	REC106 C	Outdoor Recreation and Camp Counseling	3	Total Units		16 - 17		
		Units																																																																																					
KIN112 C	Swimming - Intermediate-Advanced	1																																																																																					
KIN235 C	First Aid, CPR and Emergencies	3																																																																																					
KIN255 C	Lifeguarding	1																																																																																					
		Units																																																																																					
KIN110 C	Surfing	0.5 - 1																																																																																					
KIN114 C	Springboard Diving	0.5 - 1																																																																																					
KIN115 C	Springboard Diving-Intermediate-Advanced	0.5 - 1																																																																																					
KIN116 C	Swim for Fitness	0.5 - 1																																																																																					
KIN117 C	Water Aerobics	0.5 - 1																																																																																					
KIN118 C	Aqua Zumba	0.5 - 1																																																																																					
KIN119 C	Aqua Bootcamp	0.5 - 1																																																																																					
KIN192 C	Water Polo	0.5 - 1																																																																																					
KIN236 C	Athletic Injuries-Prevention and Care	3																																																																																					
KIN247 C	Sports Management	3																																																																																					
KIN248 C	Psychology of Sport	3																																																																																					
KIN256 C	Water Safety Instruction	2																																																																																					
KIN272 C	Strength and Conditioning	3																																																																																					
KIN274 C	Exercise Testing and Prescription	3																																																																																					
KIN295 C	Kinesiology- Internship Seminar	3																																																																																					
PHS107 C	Nutrition and World Food Issues	3																																																																																					
REC100 C	Foundations of Recreation and Leisure Services	3																																																																																					
	or																																																																																						
REC101 C	Principles of Community Recreation	3																																																																																					
REC102 C	Recreation - Sport Leadership and Diverse Groups	3																																																																																					
REC106 C	Outdoor Recreation and Camp Counseling	3																																																																																					
Total Units		16 - 17																																																																																					
Kinesiology	<p><b>Athletic Coach Certificate</b></p> <p>Primary emphasis is to prepare the student for occupational coaching at various levels. Course work in KIN 235 C may be waived with current Red Cross cards in First Aid and CPR at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16 units.</p> <p><b>Required courses: (9 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>KIN235 C</td> <td>First Aid, CPR and Emergencies</td> <td>3</td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>KIN236 C</td> <td>Athletic Injuries-Prevention and Care</td> <td>3</td> </tr> <tr> <td>KIN272 C</td> <td>Strength and Conditioning</td> <td>3</td> </tr> <tr> <td>KIN295 C</td> <td>Kinesiology- Internship Seminar</td> <td>3</td> </tr> <tr> <td colspan="3"></td> </tr> </tbody> </table>			Units	KIN235 C	First Aid, CPR and Emergencies	3		or		KIN236 C	Athletic Injuries-Prevention and Care	3	KIN272 C	Strength and Conditioning	3	KIN295 C	Kinesiology- Internship Seminar	3				2024 Fall	<p>*Removed: PHS 270C, PHS 270HC  *Add: PHS 107 C  *Update course title: PHS 294 C  Total units remain the same.</p>																																																															
		Units																																																																																					
KIN235 C	First Aid, CPR and Emergencies	3																																																																																					
	or																																																																																						
KIN236 C	Athletic Injuries-Prevention and Care	3																																																																																					
KIN272 C	Strength and Conditioning	3																																																																																					
KIN295 C	Kinesiology- Internship Seminar	3																																																																																					

	<p><b>Elective courses: (7 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td colspan="2"><b>Activity courses KIN 100-199</b></td> <td>0.5 - 1</td> </tr> <tr> <td>KIN240 C</td> <td>Sports Officiating</td> <td>3</td> </tr> <tr> <td>KIN241 C</td> <td>Theory of Coaching Basketball</td> <td>3</td> </tr> <tr> <td>KIN242 C</td> <td>Theory of Coaching Baseball</td> <td>3</td> </tr> <tr> <td>KIN247 C</td> <td>Sports Management</td> <td>3</td> </tr> <tr> <td>KIN248 C</td> <td>Psychology of Sport</td> <td>3</td> </tr> <tr> <td>KIN249 C</td> <td>Sport and United States Society</td> <td>3</td> </tr> <tr> <td>KIN273 C</td> <td>Exercise Physiology</td> <td>3</td> </tr> <tr> <td>KIN274 C</td> <td>Exercise Testing and Prescription</td> <td>3</td> </tr> <tr> <td>PHS107 C</td> <td>Nutrition and World Food Issues</td> <td>3</td> </tr> <tr> <td>PHS294 C</td> <td>Interpersonal Neurobiology and the Mind-Body Connection</td> <td>3</td> </tr> <tr> <td>PHS296 C</td> <td>Whole Systems Integrative Health</td> <td>3</td> </tr> <tr> <td colspan="2">Total Units</td> <td>16</td> </tr> </tbody> </table>			Units	<b>Activity courses KIN 100-199</b>		0.5 - 1	KIN240 C	Sports Officiating	3	KIN241 C	Theory of Coaching Basketball	3	KIN242 C	Theory of Coaching Baseball	3	KIN247 C	Sports Management	3	KIN248 C	Psychology of Sport	3	KIN249 C	Sport and United States Society	3	KIN273 C	Exercise Physiology	3	KIN274 C	Exercise Testing and Prescription	3	PHS107 C	Nutrition and World Food Issues	3	PHS294 C	Interpersonal Neurobiology and the Mind-Body Connection	3	PHS296 C	Whole Systems Integrative Health	3	Total Units		16											
		Units																																																				
<b>Activity courses KIN 100-199</b>		0.5 - 1																																																				
KIN240 C	Sports Officiating	3																																																				
KIN241 C	Theory of Coaching Basketball	3																																																				
KIN242 C	Theory of Coaching Baseball	3																																																				
KIN247 C	Sports Management	3																																																				
KIN248 C	Psychology of Sport	3																																																				
KIN249 C	Sport and United States Society	3																																																				
KIN273 C	Exercise Physiology	3																																																				
KIN274 C	Exercise Testing and Prescription	3																																																				
PHS107 C	Nutrition and World Food Issues	3																																																				
PHS294 C	Interpersonal Neurobiology and the Mind-Body Connection	3																																																				
PHS296 C	Whole Systems Integrative Health	3																																																				
Total Units		16																																																				
Kinesiology	<p><b>Fitness Specialist Certificate</b></p> <p>Primary emphasis is to prepare the student for occupational competency in private and corporate fitness industry. Course work in KIN 235 C may be waived with current Red Cross cards in First Aid and CPR at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16 units.</p> <p><b>Required courses: (12 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>KIN235 C</td> <td>First Aid, CPR and Emergencies</td> <td>3</td> </tr> <tr> <td>KIN272 C</td> <td>Strength and Conditioning</td> <td>3</td> </tr> <tr> <td>KIN274 C</td> <td>Exercise Testing and Prescription</td> <td>3</td> </tr> <tr> <td>KIN295 C</td> <td>Kinesiology- Internship Seminar</td> <td>3</td> </tr> </tbody> </table> <p><b>Elective courses: (4 units)</b></p> <table border="1"> <thead> <tr> <th></th> <th></th> <th>Units</th> </tr> </thead> <tbody> <tr> <td colspan="2"><b>Activity courses KIN 100 -201</b></td> <td>0.5 - 1</td> </tr> <tr> <td>KIN236 C</td> <td>Athletic Injuries-Prevention and Care</td> <td>3</td> </tr> <tr> <td>KIN248 C</td> <td>Psychology of Sport</td> <td>3</td> </tr> <tr> <td>KIN249 C</td> <td>Sport and United States Society</td> <td>3</td> </tr> <tr> <td>KIN271 C</td> <td>Movement Anatomy</td> <td>3</td> </tr> <tr> <td>KIN273 C</td> <td>Exercise Physiology</td> <td>3</td> </tr> <tr> <td>PHS107 C</td> <td>Nutrition and World Food Issues</td> <td>3</td> </tr> <tr> <td>PHS284 C</td> <td>Contemporary Personal Health</td> <td>3</td> </tr> <tr> <td>PHS294 C</td> <td>Interpersonal Neurobiology and the Mind-Body Connection</td> <td>3</td> </tr> <tr> <td>PHS296 C</td> <td>Whole Systems Integrative Health</td> <td>3</td> </tr> <tr> <td colspan="2">Total Units</td> <td>16</td> </tr> </tbody> </table>			Units	KIN235 C	First Aid, CPR and Emergencies	3	KIN272 C	Strength and Conditioning	3	KIN274 C	Exercise Testing and Prescription	3	KIN295 C	Kinesiology- Internship Seminar	3			Units	<b>Activity courses KIN 100 -201</b>		0.5 - 1	KIN236 C	Athletic Injuries-Prevention and Care	3	KIN248 C	Psychology of Sport	3	KIN249 C	Sport and United States Society	3	KIN271 C	Movement Anatomy	3	KIN273 C	Exercise Physiology	3	PHS107 C	Nutrition and World Food Issues	3	PHS284 C	Contemporary Personal Health	3	PHS294 C	Interpersonal Neurobiology and the Mind-Body Connection	3	PHS296 C	Whole Systems Integrative Health	3	Total Units		16	2024 Fall	*Removed: PHS 270C, PHS 270HC *Add: PHS 107 C *Update course title: PHS 294 C Total units remain the same.
		Units																																																				
KIN235 C	First Aid, CPR and Emergencies	3																																																				
KIN272 C	Strength and Conditioning	3																																																				
KIN274 C	Exercise Testing and Prescription	3																																																				
KIN295 C	Kinesiology- Internship Seminar	3																																																				
		Units																																																				
<b>Activity courses KIN 100 -201</b>		0.5 - 1																																																				
KIN236 C	Athletic Injuries-Prevention and Care	3																																																				
KIN248 C	Psychology of Sport	3																																																				
KIN249 C	Sport and United States Society	3																																																				
KIN271 C	Movement Anatomy	3																																																				
KIN273 C	Exercise Physiology	3																																																				
PHS107 C	Nutrition and World Food Issues	3																																																				
PHS284 C	Contemporary Personal Health	3																																																				
PHS294 C	Interpersonal Neurobiology and the Mind-Body Connection	3																																																				
PHS296 C	Whole Systems Integrative Health	3																																																				
Total Units		16																																																				
Public Health Science	<p><b>Integrative Health and Wellness Studies Associate in Science Degree</b></p> <p>Integrative Health and Wellness Studies is an interdisciplinary approach to the study of health. Health is defined as a state of physical, psychological, social,</p>	2024 Fall	*Add: PHS 107 C, PHS 280 C, PHS 280HC, PHS 283 C, PHS 284 C, PHS 285 C, PHS 295 C,																																																			

and spiritual wellbeing. Furthermore, health is defined as a state of wholeness, of being whole, and in this respect, we approach the study of health from a perspective of what is holy, and sacred. In approaching a vitalist, and holistic definition of health, we will comprehensively consider sleep, movement, nutrition, resiliency, mind-body practices, our connection to nature, and environment, that allow for the emergence of a whole person perspective of human flourishing and health. To earn an Associate Degree students must complete: (1) all major course requirements with a grade of C or better; (2) Cypress College Native General Education requirements; California State University General Education Breadth requirements (CSU GE Breadth) or IGETC General Education requirements; (3) social justice, equity, and sustainability and reading requirements; (4) any elective courses to complete a minimum of 60 units; and, (5) have a minimum GPA of 2.0. At least 50% of all major course work must be completed at Cypress College. Courses that fulfill major requirements for an Associate Degree at Cypress College might not be the same as those required for completing the major at a transfer institution offering a Baccalaureate Degree. For information on specific university requirements, please consult with your counselor, or visit the Transfer Center. This major requires a total of 20-25 units, in addition to other graduation requirements.

**Required Courses (9 Units)**

		Units
PHS107 C	Nutrition and World Food Issues	3
PHS294 C	Interpersonal Neurobiology and the Mind-Body Connection	3
PHS296 C	Whole Systems Integrative Health	3

Select 1 degree emphasis (11-16 units).

**Degree Emphasis: Yoga Studies (11 units).** Students completing Yoga Studies emphasis would have earned Yoga Teacher Training Certificate (200-hour) accredited by Yoga Alliance in addition to completing AS degree.

**Required Courses (9) units)**

		Units
KIN290 C	Philosophy and Consciousness of Yoga	3
KIN291 C	Yoga and the Physical Body	3
KIN293 C	Contemporary Yoga Studies	3

**Restricted Electives (2 units)**

		Units
KIN128 C	Yoga-Intermediate	0.5 - 1
KIN129 C	Vinyasa Yoga	0.5 - 1
KIN130 C	Yoga	0.5 - 1
KIN131 C	Restorative and Gentle Yoga	0.5 - 1
KIN132 C	Hatha Yoga	0.5 - 1

**Degree Emphasis: Yoga Therapy (14 units).** Students completing this emphasis would have earned Yoga Therapy Certificate (300-hour) accredited by Yoga Alliance in addition to completing AS degree. Only students who already possess RYT-200-hour level certification by Yoga Alliance qualify for this emphasis.

**Required courses (12 units)**

		Units
KIN292 C	Yoga and the Subtle Body	3
KIN293 C	Contemporary Yoga Studies	3
KIN294C	Ayurveda and Lifestyle Medicine	3

PHS 287 C, COMM 120 C, HUSR 226 C, HUSR 240 C, KIN 235 C, PSY 131 C, PSY 255 C, SOC 250 C  
 \*Couse title update: PHS 294 C  
 \*Remove: PHS 270 C, PHS 270HC, INDS 200 C, INDS 201 C  
 Total units from 28 to 20-25.

KIN296C	Yoga Therapy	3
<b>Restricted Electives (2 units)</b>		
		Units
KIN128 C	Yoga-Intermediate	0.5 - 1
KIN129 C	Vinyasa Yoga	0.5 - 1
KIN130 C	Yoga	0.5 - 1
KIN131 C	Restorative and Gentle Yoga	0.5 - 1
KIN132 C	Hatha Yoga	0.5 - 1
<b>Degree Emphasis: Integrative Health Studies (16 units).</b>		
<b>Restricted Electives (16 units).</b>		
		Units
KIN290 C	Philosophy and Consciousness of Yoga	3
KIN291 C	Yoga and the Physical Body	3
KIN292 C	Yoga and the Subtle Body	3
KIN294C	Ayurveda and Lifestyle Medicine	3
KIN296C	Yoga Therapy	3
PHS280 C	Introduction to Public Health	3
	or	
PHS280HC	Honors Introduction to Public Health	3
PHIL101 C	Introduction to Religious Studies	3
	or	
PHIL110 C	Religions of the East	3
PHS281 C	Health and Social Justice	3
	or	
PHS281HC	Honors Health and Social Justice	3
PHS283 C	Women's Health	3
PHS285 C	Global and Community Health	3
PHS284 C	Contemporary Personal Health	3
	or	
COUN105 C	Stress and Anxiety Management	1
PHS295 C	Civic Engagement in Public Health	3
<b>Degree Emphasis: Community Health Worker (15 units).</b>		
<b>Students would have earned Community Health Worker Certificate in addition to completing AS degree.</b>		
<b>Required Courses (6 units)</b>		
		Units
PHS281 C	Health and Social Justice	3
	or	
PHS281HC	Honors Health and Social Justice	3
PHS295 C	Civic Engagement in Public Health	3
<b>Restricted Courses (9 units)</b>		
		Units
PHS280 C	Introduction to Public Health	3
	or	
PHS280HC	Honors Introduction to Public Health	3
COMM120 C	Intercultural Communication	3
HUSR226 C	Behavior Modification	3
HUSR240 C	Drugs and Alcohol in Our Society	3

	<table border="1"> <tr><td>KIN235 C</td><td>First Aid, CPR and Emergencies</td><td>3</td></tr> <tr><td>PHS283 C</td><td>Women's Health</td><td>3</td></tr> <tr><td>PHS284 C</td><td>Contemporary Personal Health</td><td>3</td></tr> <tr><td>PHS285 C</td><td>Global and Community Health</td><td>3</td></tr> <tr><td>PHS287 C</td><td>Case Studies in Public Health</td><td>3</td></tr> <tr><td>PSY131 C</td><td>Cross-Cultural Psychology</td><td>3</td></tr> <tr><td>PSY255 C</td><td>Psychology of Aging</td><td>3</td></tr> <tr><td>SOC250 C</td><td>Sociology of Aging</td><td>3</td></tr> <tr><td colspan="2"> </td><td> </td></tr> <tr><td colspan="2">Total Units</td><td>20 - 25</td></tr> </table>	KIN235 C	First Aid, CPR and Emergencies	3	PHS283 C	Women's Health	3	PHS284 C	Contemporary Personal Health	3	PHS285 C	Global and Community Health	3	PHS287 C	Case Studies in Public Health	3	PSY131 C	Cross-Cultural Psychology	3	PSY255 C	Psychology of Aging	3	SOC250 C	Sociology of Aging	3				Total Units		20 - 25																																																		
KIN235 C	First Aid, CPR and Emergencies	3																																																																															
PHS283 C	Women's Health	3																																																																															
PHS284 C	Contemporary Personal Health	3																																																																															
PHS285 C	Global and Community Health	3																																																																															
PHS287 C	Case Studies in Public Health	3																																																																															
PSY131 C	Cross-Cultural Psychology	3																																																																															
PSY255 C	Psychology of Aging	3																																																																															
SOC250 C	Sociology of Aging	3																																																																															
Total Units		20 - 25																																																																															
Recreation	<p><b>Recreation Assistant Certificate</b></p> <p>Program Description: Primary emphasis is to prepare the student for introductory level of recreation and leisure career opportunities. All students must complete at least 16 units. Course work in KIN 235 C may use credit for prior learning approval based on current Red Cross cards in First Aid and CPR at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16-19.5 units.</p> <p><b>Required coursework: (9 units)</b></p> <table border="1"> <thead> <tr><th></th><th></th><th>Units</th></tr> </thead> <tbody> <tr><td>REC100 C</td><td>Foundations of Recreation and Leisure Services</td><td>3</td></tr> <tr><td colspan="3">or</td></tr> <tr><td>REC101 C</td><td>Principles of Community Recreation</td><td>3</td></tr> <tr><td>REC102 C</td><td>Recreation - Sport Leadership and Diverse Groups</td><td>3</td></tr> <tr><td>KIN235 C</td><td>First Aid, CPR and Emergencies</td><td>3</td></tr> </tbody> </table> <p><b>Select from the elective courses listed below (7-10.5 units).</b></p> <table border="1"> <thead> <tr><th></th><th></th><th>Units</th></tr> </thead> <tbody> <tr><td colspan="2"><b>Activity Courses KIN 100-201</b></td><td>0.5 - 1</td></tr> <tr><td>REC106 C</td><td>Outdoor Recreation and Camp Counseling</td><td>3</td></tr> <tr><td>KIN236 C</td><td>Athletic Injuries-Prevention and Care</td><td>3</td></tr> <tr><td>KIN247 C</td><td>Sports Management</td><td>3</td></tr> <tr><td>SOC101 C</td><td>Introduction to Sociology</td><td>3</td></tr> <tr><td colspan="3">or</td></tr> <tr><td>SOC101HC</td><td>Honors Introduction to Sociology</td><td>3</td></tr> <tr><td>ANTH102 C</td><td>Cultural Anthropology</td><td>3</td></tr> <tr><td colspan="3">or</td></tr> <tr><td>ANTH102HC</td><td>Honors Cultural Anthropology</td><td>3</td></tr> <tr><td>HS145 C</td><td>Survey of Medical Terminology</td><td>3</td></tr> <tr><td>BIOL231 C</td><td>General Human Anatomy</td><td>4</td></tr> <tr><td>BIOL241 C</td><td>General Human Physiology</td><td>4</td></tr> <tr><td>PSY101 C</td><td>Introduction to Psychology</td><td>3</td></tr> <tr><td colspan="3">or</td></tr> <tr><td>PSY101HC</td><td>Honors Introduction to Psychology</td><td>3</td></tr> <tr><td>KIN295 C</td><td>Kinesiology- Internship Seminar</td><td>3</td></tr> <tr><td colspan="2"> </td><td> </td></tr> <tr><td colspan="2">Total Units</td><td>16 - 19.5</td></tr> </tbody> </table>			Units	REC100 C	Foundations of Recreation and Leisure Services	3	or			REC101 C	Principles of Community Recreation	3	REC102 C	Recreation - Sport Leadership and Diverse Groups	3	KIN235 C	First Aid, CPR and Emergencies	3			Units	<b>Activity Courses KIN 100-201</b>		0.5 - 1	REC106 C	Outdoor Recreation and Camp Counseling	3	KIN236 C	Athletic Injuries-Prevention and Care	3	KIN247 C	Sports Management	3	SOC101 C	Introduction to Sociology	3	or			SOC101HC	Honors Introduction to Sociology	3	ANTH102 C	Cultural Anthropology	3	or			ANTH102HC	Honors Cultural Anthropology	3	HS145 C	Survey of Medical Terminology	3	BIOL231 C	General Human Anatomy	4	BIOL241 C	General Human Physiology	4	PSY101 C	Introduction to Psychology	3	or			PSY101HC	Honors Introduction to Psychology	3	KIN295 C	Kinesiology- Internship Seminar	3				Total Units		16 - 19.5	2025 Fall	*Catalog description update *PSLOs update Total units remain the same
		Units																																																																															
REC100 C	Foundations of Recreation and Leisure Services	3																																																																															
or																																																																																	
REC101 C	Principles of Community Recreation	3																																																																															
REC102 C	Recreation - Sport Leadership and Diverse Groups	3																																																																															
KIN235 C	First Aid, CPR and Emergencies	3																																																																															
		Units																																																																															
<b>Activity Courses KIN 100-201</b>		0.5 - 1																																																																															
REC106 C	Outdoor Recreation and Camp Counseling	3																																																																															
KIN236 C	Athletic Injuries-Prevention and Care	3																																																																															
KIN247 C	Sports Management	3																																																																															
SOC101 C	Introduction to Sociology	3																																																																															
or																																																																																	
SOC101HC	Honors Introduction to Sociology	3																																																																															
ANTH102 C	Cultural Anthropology	3																																																																															
or																																																																																	
ANTH102HC	Honors Cultural Anthropology	3																																																																															
HS145 C	Survey of Medical Terminology	3																																																																															
BIOL231 C	General Human Anatomy	4																																																																															
BIOL241 C	General Human Physiology	4																																																																															
PSY101 C	Introduction to Psychology	3																																																																															
or																																																																																	
PSY101HC	Honors Introduction to Psychology	3																																																																															
KIN295 C	Kinesiology- Internship Seminar	3																																																																															
Total Units		16 - 19.5																																																																															